

prawn gyoza 13.9

prawn dumplings served on a bed of salad with plum ginger dipping sauce

nasi goreng 11.9 V DF

indonesian fried rice served with fried egg and fried shallots

add chicken satay with peanut sauce 7

add asian pork with plum sauce 7

mexican chilli beef 16.9 GF if bread is substituted

with sour cream, cheese and tortilla

warm roasted vegetable & lentil salad 13.9 GF V

with roast sweet potato, zucchini, pesto, caramelized onions, lentils and balsamic dressing

add marinated rump steak 8

ancient grains salad 15.9 GF V

with quinoa, buckwheat, pickled cucumber, persian feta, mesclun

and pomegranate drizzled with vinocotto

open steak sandwich 17.9 GF if bread & onion rings are substituted

rump steak, lettuce, tomato, cucumber and battered onion rings with basil aioli

on sourdough vienna

tandoori chicken pizzezza 14.9

with cheese, cherry tomato, capsicum, zucchini, tandoori chicken, olives, hommus & tzatziki

battered barramundi 18.9

served with salad, fries and home-made tartare sauce

gourmet burgers

with mixed lettuce, tomato, cucumber, caramelized onion & our beetroot orange chutney

angel bay beef burger with bbq sauce 13.9

haloumi, avo & mushroom burger with fig chutney 14.9 V

add fries 4.9 add egg 1.5 add bacon 4

fries 8.9 GF

shoestring fries served with a choice of aioli, BBQ

or tomato sauce

sweet potato chips 6.9 with chipotle sauce

add to any meal
fries 4.9
onion rings 7.9

We cannot guarantee any of our meals and cakes to be totally gluten free as our kitchen is not a gluten free environment

soup of the day 10.9

ask our staff for today's selection served with toast

salad

two varieties from the display cabinet 9.9

three varieties from the display cabinet 13.9

lamb's fry 16.9 GF if bread is substituted

tender pieces of lamb's liver in rich red wine tomato sauce served with bacon on vienna toast

beef & burgundy pie 13.9

served with choice of salad from our display cabinet

quiche of the day 13.9

served with choice of salad from our display cabinet

savoury zucchini carrot crumble 13.9 V GF

served with choice of salad from our display cabinet

indian mushroom & eggplant curry 14.9 DF GF VEGAN

tomato based curry served with steamed basmati rice and pappadam MILD

gourmet sandwiches 10.9

see our display cabinet for today's selection

wrap 11.9

served lightly toasted — see our display cabinet for today's selection

toasties 6.9

served on toasted white bread

ham & cheese; ham, cheese & tomato; or cheese & tomato

lunch from midday to 5pm

all day options

big daddy breakfast 19.9 GF if bread is substituted

eggs, bacon, grilled tomato, mushroom, hash browns and chipolata sausages served on toast

eggs benedict 16.9 GF if bread is substituted

two poached eggs, grilled tomato and homemade hollandaise sauce served on turkish toast with a choice of capsicum, spinach and semi-dried tomato OR bacon OR salmon (\$2 extra)

omelette 13.9 V

filled with roast capsicum, spinach, feta, spanish onion, drizzled with balsamic glaze served with turkish toast

Kale breakfast 13.9 GF if bread is substituted

pan-fried kale, chorizo, sweet potato and spanish onion with flatbread and balsamic drizzle

hommus brekkie salad 14.9 V GF if bread is substituted

green leaf salad with homemade hommus, persian feta, dukkah & fig chutney with two poached eggs served with organic quinoa sourdough toast

smashed avocado 13.9 V GF if bread is substituted

with spinach, feta crumble, basil and roasted tomato on organic quinoa sourdough toast

Kumara zucchini fritters 16.9 GF V

with field mushroom, haloumi, spinach and sunflower seeds topped with a poached egg

spicy bean & chorizo hot pot 13.9 GF if bread is substituted

served with a poached egg and vienna toast

just want eggs on toast 8.9 GF if bread is substituted

add bacon, avocado or mushroom 4

add salmon 7

add hash browns (2) or grilled tomato 2

add extra toast or extra egg 1.5

add spinach, baked beans, chipolata sausages (2) haloumi or holl sauce 3

acai bowl 14.9 VEGAN DF

acai topped with toasted maple granola, fresh fruit and toasted seeds

tiramisu french toast 12.9 V

with butterscotch sauce and coffee cream

add grilled banana 3

door stop fruit toast 4.5 / 6.9 V

choice of one or two slices of thick fruit toast served with 'the grainge' raspberry jam & butter

toast 4.9 V

white vienna, turkish, capeseed, organic quinoa sourdough or gluten-free with a choice of honey, 'the grainge' raspberry jam, vegemite or marmalade

breakfast from 7am to midday

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breakfast from 7am to midday

for the little ones ...

breakfast

bacon and egg roll 7.9

fried egg with toast 5.9

add bacon 4 add hash browns (2) 2
add sausage 3 add baked beans 3

waffle 7.9

with ice cream and maple syrup

fruit toast 4.5 V

thick fruit toast served with 'the grainge' raspberry jam & butter

turkish toast 2.9 V

with raspberry jam

lunch

fish and chips 11.9

served with tartare sauce

cheeseburger 11.9

served with chips

toastie 6.9

served on toasted white bread
ham & cheese; ham, cheese & tomato; or cheese & tomato

chips 8.9

served with a choice of aioli, BBQ or tomato sauce

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coffees

short or long black 3.9
macchiato 3.9
flat white 3.9
cappuccino 3.9
latte 3.9
flavoured latte 4.5
cafe mocha 4.5
affogato 5.2
vienna 4.3
irish coffee 8.9

double shot 0.8
mug size 0.8
jumbo size 1.3
soy milk 0.8
zymil 0.8
almond milk 0.8

Our coffees are served between 60 and 70 degrees. Please advise if you wish to have them any hotter.

teas

leaf teas 3.9/6.5
herbal infusions 3.9/6.5

see our tea board for all varieties available

other

chai latte 4.2
green tea matcha latte 4.2
hot chocolate 4.9
chilli chocolate 4.9
jaffa hot chocolate 5.7
dandelion soy latte 4.9

hot drinks

chillers

chocolate 7.9
white choc raspberry 7.9
toffee coffee 7.9
green matcha 7.9

smoothies

tropical treat mango passionfruit 8.9
razzamatazz raspberry banana 8.9
fitness mango banana spinach coconut water chia 9.9
acai protein acai banana kale chia seed banana 9.9

juices 7.9 100% real fruit

start me up orange pineapple ginger mint
all nighter carrot celery apple
green juice celery spinach cucumber apple
health kick orange lemon kale spinach ginger
orange freshly squeezed

boosts 1.0

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|-----------|-----------|
| chia seed | protein |
| acai | spirulina |
| vitamin c | ginseng |

iced coffee / chocolate 5.2

iced latte 4.5

spider 4.9

milkshake 4.9

chocolate, vanilla, caramel, strawberry

homemade iced tea 4.5

cold drinks

coffees

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flat white 3.9
cappuccino 3.9
latte 3.9
flavoured latte 4.5
cafe mocha 4.5
affogato 5.2
vienna 4.3
irish coffee 8.9

double shot 0.8
mug size 0.8
jumbo size 1.3
soy milk 0.8
zymil 0.8
almond milk 0.8

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white choc raspberry 7.9
toffee coffee 7.9
green matcha 7.9

smoothies

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razzamatazz raspberry banana 8.9
fitness mango banana spinach coconut water chia 9.9
acai protein acai banana kale chia seed banana 9.9

juices 7.9 100% real fruit

start me up orange pineapple ginger mint
all nighter carrot celery apple
green juice celery spinach cucumber apple
health kick orange lemon kale spinach ginger
orange freshly squeezed

boosts 1.0

| | |
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| chia seed | protein |
| acai | spirulina |
| vitamin c | ginseng |

iced coffee / chocolate 5.2

iced latte 4.5

spider 4.9

milkshake 4.9

chocolate, vanilla, caramel, strawberry

homemade iced tea 4.5

cold drinks