

Spicing UP THE CAFE CULTURE

Spice of Life is a vibrant café and deli which offers food from around the world.



If variety is the spice of life, the newest café on Main St, Mt Tamborine, is aptly named.

Spice of Life Café was established by long-time Mountain residents Alex Baan and Heike Edrich who have lived and traveled around the globe. They have brought their cultural experiences back to the Mountain through a wide selection of flavours from throughout Europe and Asia.

The range is amazing, and all meals are cooked on the premises. With mouth-watering dishes like the subtle flavours of Chicken and Camembert Pie, Red Pepper and Courgette Frittata, or the more potent tastes of Beef

Vindaloo and Chicken Cacciatore, the variety makes for a difficult decision.

These dishes can be complemented with a selection of delicious sides such as Nicoise Salad, Mediterranean Roast Vegetable Salad or Mediterranean Tuna, Potato and Bean Salad. For a healthy take-away option, most dishes are available as take home meals hot, cold, or frozen.

The remarkable array of drinks includes healthy and delicious smoothies and freshly squeezed juices with great blends such as the Berry Crush – apple and wild berry juice with a refreshing citrus twist.

Also popular are the 98% fat free chillers in flavours such as Toffee Coffee, White Chocolate and Raspberry, and the Tim Tam Chiller – it really tastes just like Tim Tams.

For dessert there's a selection of biscuits and cakes made on the premises, including Baked Cherry Cheesecake and Death By Chocolate. The latter has chocolate cream sandwiched between three layers of light chocolate cake and topped with grated chocolate – one taste and it's easy to see why it's their biggest selling cake.

Spice of Life also stocks a range of gourmet deli style items, from chocolate coated coffee beans, dips and spices, to locally made dukkah and hibiscus flowers which can be floated in champagne.

The café is open from 7am everyday, with breakfast until midday for those who like to sleep in. Organic, vegetarian and gluten free products and meals are available.

Spice of Life's friendly team have created a café with efficient service, a warm atmosphere and fantastic food. For an informal dining experience on Tamborine Mountain at a reasonable price, Spice of Life is hard to beat.

Open 7 days a week from 7am to 7pm.
Cnr Main and Yuulong Streets, North Tamborine.
Call 5545 3553 for further details.

